

# NICOLE J. PHILLIPS

BE *Brave.* BE *Kind.* BE *You.*

## Speaker-Author-Podcast Host

*Teaching the World about the transformative Power of Kindness*

### Credentials

- National Speaker
- Author 

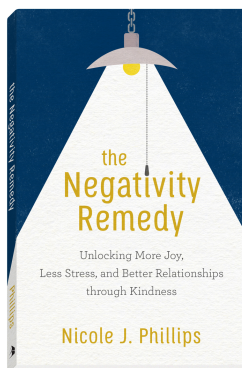
virtual too!
- Podcast Host
- Columnist
- Hallmark Home & Family Guest
- Empowering Women Award
- Cancer Survivor
- Wife and Mom ❤️



### Connect

[BraveandKind.net](http://BraveandKind.net)

[info@nicolejphillips.com](mailto:info@nicolejphillips.com)



**The Negativity Remedy:**  
Unlocking More Joy, Less Stress,  
and Better Relationships  
through Kindness

### Books and Speaking



**Kindness Is Contagious:**  
Stories to Remind You God is  
Good and So Are Most People



**Kindness Is Courageous:**  
Stories to Remind You  
People Are Brave + Kind

"Because the life transformed with Kindness is *Your Own*"